

CAHP News

Centre for Applications of Health Psychology

NEW STAFF, STUDENTS AND TRAINEES

A very warm welcome to our new colleagues, Maddy Greville-Harris, Kate Morton, Becky Band, Mary Steele, and Afrodita Marcu.

RECENT ACHIEVEMENTS

Grant funding awarded

- 3 year VC scholarship awarded: "Health literacy around alcohol and sexual health in secondary schools" **Cynthia Graham** with Marcus Grace (Geography), Paul Roderick (Medicine), and Janice Griffiths (Education)
- **Yardley, L.** et al. (2014-2019). Integrating Digital Interventions into Patient Self-Management Support (DIPSS). NIHR, £1,998,666.
- **F Bishop** (PI), G Lewith, **K Bradbury**, J Leach, H MacPherson, B Dimitrov, L Roberts, **L Yardley**. "Non-specific Mechanisms in Orthodox and CAM management of back pain (MOCAM)." Arthritis Research UK Special Strategic Award. £124,988
- **F Bishop** (PI). Arthritis Research UK, Research Progression Award "Acupuncture for back pain: modifying the psychological determinants of patient outcomes." £51,966
- H Everitt (PI); R Moss-Morris, T Chalder, P McCrone, P Little, S Landau, **F Bishop**, R Logan, N Coleman "Assessing Cognitive Therapy in Irritable Bowel (ACTIB)" NIHR HTA. £1,232,554

Publications

- **Dennison, L., Morrison, L., Lloyd, S., Phillips, D., Stuart, B., Williams, S., Bradbury, K., Roderick, P., Murray, E., Michie, S., Little, P. & Yardley, L.** (2014). Does Brief Telephone Support Improve Engagement With a Web-Based Weight Management Intervention? Randomized Controlled Trial. *Journal of medical Internet research*, 16(3) e95.
- **Bradbury, K., Watts, S., Arden-Close, E., Yardley, L., & Lewith, G.** (2014). Developing Digital Interventions: A Methodological Guide. *Evidence-Based Complementary and Alternative Medicine*. (doi:10.1155/2014/561320)
- **Lucy Yardley**, Lisa J Ware, **Emily R Smith**, Sarah Williams, **Katherine J Bradbury**, **Emily J Arden-Close**, Mark A Mullee, Michael V Moore, Janet L Peacock, Mike EJ Lean, Barrie M Margetts, Chris D Byrne, Richard FD Hobbs and Paul Little. (in press) Randomised controlled feasibility trial of a web-based weight management intervention with nurse support for obese patients in primary care. *International Journal of Behavioral Nutrition and Physical Activity*

OTHER NEWS

- **Lucy Yardley** has become a core member of NICE Public Health Committee A.
- **Ingrid Muller** has been awarded a (part-time) post-doctoral fellowship funded by the National School of Primary Care Research.
- **Felicity Bishop** has passed PCAP and has become a Fellow of the Higher Education Academy
- **Daniel Powell** successfully defended his PhD thesis on 12th May.
- **Sarah Kirby** has received a Vice-Chancellor's Teaching Award for her work on employability.
- **Gulcan Garip** successfully defended her PhD thesis and Portfolio of Competence on 6th November.

Congratulations everyone!

Publications (continued)

- **Rebecca Band**, Christine Barrowclough & Alison Wearden (in press). The impact of significant other Expressed Emotion on patient outcomes in chronic fatigue syndrome. *Health Psychology*.
- **Rebecca Band**, Alison Wearden & Christine Barrowclough (in press). Patient outcomes in association with significant other responses to chronic fatigue syndrome: A systematic review of the literature. *Clinical Psychology: Science and Practice*.
- **Liossi, Christina, Schoth, Daniel E.**, Godwin, H.J. and Liversedge, Simon P. (2014) Using eye movements to investigate selective attention in chronic daily headache. *PAIN*, 155, (3), 503-510. (doi:10.1016/j.pain.2013.11.014). (PMID:24287436)
- **Morrison, L.**, Moss-Morris, R., Michie, S., & **Yardley, L.** (2013). Optimising engagement with Internet-based health behaviour change interventions: Comparison of self-assessment with and without tailored feedback using a mixed methods approach. *British Journal of Health Psychology*. doi: 10.1111/bjhp.12083
- Eiser, C., Merrick, H., **Arden-Close, E.**, Morris, K., Rowe, R., & Pacey, A.A. Why don't some men with banked sperm respond to letters about their stored samples? *Human Fertility*, (in press)
- Bruton, A., **Kirby, S.**, **Arden-Close, E.**, Taylor, L., Webley, F., George, S., **Yardley, L.**, et al. The BREATHE study: Breathing REtraining for Asthma--Trial of Home Exercises. a protocol summary of a randomised controlled trial. *Primary care respiratory journal*, 22 (2), PS1-7.
- **Arden-Close, E.**, Teasdale, E., Tonkin-Crine, S., Pitre, N., Stafford-Watson, M., Gibson, D., Bruton, A., Thomas, M., & **Yardley, L.** Patients' perceptions of the potential of breathing training for asthma: a qualitative study. *Primary Care Respiratory Journal*, 22 (4), 449-53.
- **Yardley, L.**, Douglas, E., Anthierens, S., Tonkin-Crine, S., O'Reilly, G., Stuart, B., Geraghty, A.W.A., **Arden-Close, E.**, et al., & on behalf of the GRACE consortium. (2014) Evaluation of a web-based intervention to reduce antibiotic prescribing for LRTI in six European countries: quantitative process analysis of the GRACE/INTRO randomised controlled trial. *Implementation Science*, 8, 134.
- **Kirby, S.**, Donovan-Hall, M., & **Yardley, L.** (2014) Measuring barriers to adherence: validation of the problematic experiences of therapy scale. *Disability Rehabilitation*. DOI:10.3109/09638288.2013.876106
- Adam W A Geraghty, **Sarah Kirby, Rosie Essery**, Paul Little, Adolfo Bronstein, David Turner, Beth Stuart, Gerhard Andersson, Per Carlbring, **Lucy Yardley**. (In press) Internet-based Vestibular Rehabilitation for Adults Over 50: Protocol for a Randomised Controlled Trial" *BMJ Open*.
- Bracken, J., & **Graham, C. A.** (2014). Young women's attitudes toward, and experiences of, long-acting reversible contraceptives. *European Journal of Contraception and Reproductive Health Care*, in press.
- Lykins, A. D., Ferris, T., & **Graham, C. A.** (2014). Body region dissatisfaction predicts attention to body regions on other women. *Body Image*, in press.
- Crosby, R. A., Milhausen, R. A., **Graham, C. A.**, Yarber, W. L., Sanders, S. A., Charnigo, R., & Shrier, L. (2014). Condom use motivations and selected behaviors with new versus established sex partners. *Sexual Health*, in press.
- Crosby, R. A., Milhausen, R. A., Sanders, S. A., **Graham, C. A.**, & Yarber, W. L. (2014). Condom use errors and problems: A study of high-risk young black males residing in the Southern United States. *International Journal of STD & AIDs*, in press.
- Crosby, R. A., Shrier, L., Charnigo, R., Sanders, S. A., **Graham, C. A.**, Milhausen, R. A., & Yarber, W. (2014). Likelihood of condom use when STDs are suspected: Results from a clinic sample. *Health Education and Behavior*, doi:10.1177/1090198114529588.
- Anandan, A., **Kirby, S.**, Lykins, A., & **Graham, C. A.** (2014). Predictors of intentions to have pelvic examinations among a U.K. sample of young Asian and non-Asian women. *International Journal of Sexual Health*, published online ahead of print. doi 10.1080/19317611.2014.885923

Publications (continued)

- Mitchell, K. R., Wellings, K. A., **Graham, C.** (2014). How do men and women define sexual desire and sexual arousal? *Journal of Sex & Marital Therapy*, 40, (1), 17-32. doi: 10.1080/0092623X.2012.697536
- **Graham, C. A.**, Brotto, L. A., & Zucker, K. J. (2014). A Response to Balon and Clayton (2013): Female Sexual Interest/Arousal Disorder: A diagnosis more on firm ground than thin air. *Archives of Sexual Behavior*, doi 10.1007/s10508-013-0248-0
- Milhausen, R. R., McKay, A., **Graham, C. A.**, Crosby, R. A., Yarber, W. L., & Sanders, S. A. (2013). Prevalence and predictors of condom use among a national sample of Canadian university students. *Canadian Journal of Human Sexuality*, 22, (3), 142-151. doi 10.3138/cjhs/2136
- Emetu, R. E., Marshall, A., Sanders, S. A., Yarber, W. L., Milhausen, R. R., Crosby, R. A., & **Graham, C. A.** (2013). A novel, self-guided, home-based intervention to improve condom use among young men who have sex with men. *Journal of American College Health*, 62, (2), 118-124.
- **Bishop FL, Yardley L**, Prescott P, Cooper C, Little P, Lewith GT (in press). Psychological covariates of longitudinal changes in back-related disability in patients undergoing acupuncture. *Clinical Journal of Pain*.
- **Bishop FL**, Fenge-Davies AL, **Kirby S**, Geraghty AWA. (in press). Context effects and behaviour change techniques in randomised trials: A systematic review using the example of trials to increase adherence to physical activity in musculoskeletal pain. *Psychology & Health*. [Research Methods Special Issue]
- **Bishop FL**, Howick J, Heneghan C, Stevens S, Hobbs FDR, Lewith G (2014). Placebo Use in the United Kingdom: A Qualitative Study Exploring GPs' Views on Placebo Effects in Clinical Practice. *Family Practice*, 31(3), 357-363.
- **Bishop, FL** & Holmes MM. (2013). Mixed Methods in CAM Research: A Systematic Review of Studies Published in 2012. *Evidence-Based Complementary and Alternative Medicine*, vol. 2013, Article ID 187365, 12 pages, 2013. doi:10.1155/2013/187365 [Research Methods Special Issue]
- **Bishop FL** & Salmon C. (2013). Advertising, expectations and informed consent: the contents and functions of acupuncture leaflets. *Acupuncture in Medicine*, 31, 351–357. doi:10.1136/acupmed-2013-010416. PMID:24077393.
- Tonkin-Crime S, **Bishop FL**, Ellis M, Moss-Morris R, & Everitt H. (2013). Exploring patients' views of a CBT based website for the self-management of IBS symptoms. *Journal of Medical Internet Research*. 15(9):e190. doi: 10.2196/jmir.2672.

Invited Presentations

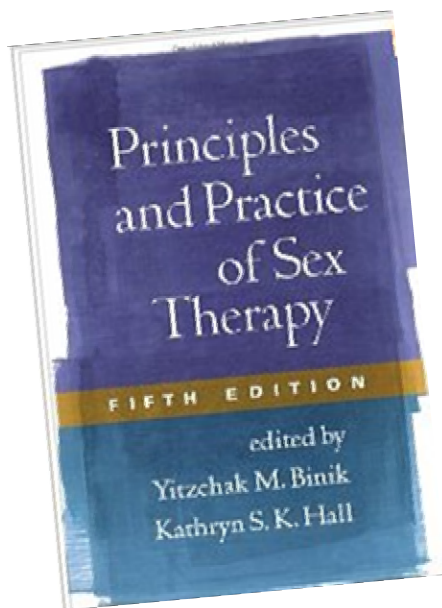
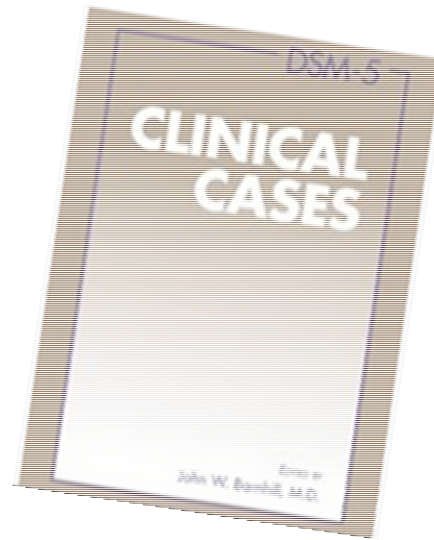
- **Graham, C. A.** Changes in sexual behavior across two decades: The British National Survey of Sexual Attitudes and Lifestyles. Invited presentation. Department of Psychology, University of the Highlands and Islands, March, 2014.
- **Graham, C.A.**, & Brotto, L.A. (2013). Sexual dysfunctions. Invited talk at 39th Annual Meeting of the International Academy of Sex Research, Chicago, August, 2013.
- **Graham, C. A.** (2013). Tips on publishing and reviewing in the *Journal of Sex Research*. 3 hour CE Workshop at the 56nd. Annual Meeting of the Society for the Scientific Study of Sexuality, San Diego, November, 2013.
- **Felicity Bishop**. Patients' perspectives on MSK care: "I'll try anything, as long as it works". Keynote at the 10th Annual Chiropractic, Osteopathy and Physiotherapy undergraduate research conference, Anglo-European College of Chiropractic (AECC), November 2013, Bournemouth.

Conferences

- **Schoth, Daniel E.**, Ma, Yizhu and **Lioffi, Christina** (2014) Exploring attentional bias for real-world, pain-related information in chronic musculoskeletal pain using a novel change detection paradigm. At The British Pain Society Annual Scientific Meeting 2014, Manchester, GB, 29 Apr - 01 May 2014.
- **Georgallis, Tsampikos, Schoth, Daniel E.** and **Lioffi, Christina** (2013) The therapeutic benefits of Attentional Bias Modification Training (ABMT) in people with chronic pain. At 1st Annual International Conference on Health & Medical Sciences, Athens, GR, 06 - 09 May 2013.

Books and book chapters

- **Graham, C. A.** (2014). Sexual dysfunction. In: J. W. Barnhill (Ed.). (pp. 230-233). Washington, D.C.: American Psychiatric Association.



- **Graham, C. A.** (2014). Orgasmic disorders in women. In: Binik, Y., & Hall, K. (Eds.). Principles and Practices of Sex Therapy, 5th ed. pp. 89-111. New York: Guilford.
- Hall, K., & **Graham, C. A.** (2014). Culturally sensitive sex therapy: The need for shared meanings in the treatment of sexual problems. In: Binik, Y., & Hall, K. (Eds). Principles and Practices of Sex Therapy, 5th ed. pp. 309-333. New York: Guilford.

The purpose of CAHP is to promote the application of psychology to alleviate health problems in clinical populations. CAHP members develop, apply, test, refine and disseminate psychological theory and techniques in order to assist people with symptoms, disabilities or medical diagnoses.